

# Family Health Promotion 1

## NUR 320: Maternal-Newborn Nursing & Women's Health Across the Lifespan



Credits: 2 theory, 2 clinical: 4 credits  
Theory: 28 hours  
Clinical: 84 hours  
Placement: Junior level course, spring 2010

Prerequisites: Successful completion of all sciences, sophomore and first semester junior courses, and a GPA of 2.5 or higher

Course Description: Focuses on the role of the professional nurse in promoting optimal health of the family from pregnancy through infancy and adolescence. Family theory and the nursing process are used in providing family centered care.

### Course Objectives:

1. Use knowledge from the physical and social sciences, the humanities, and nursing in meeting the needs of healthy childbearing and childrearing families.
2. Apply principles of therapeutic communication in promoting optimal health of children and their families
3. Use the nursing process to develop a plan of care based upon the response of healthy childbearing and childrearing families to their environment utilizing supportive, rehabilitative, therapeutic, and preventive nursing interventions.
4. Participate as a member of the health team in meeting the needs of healthy children and their families.
5. Identify the need for research to improve the health care of families.
6. Identify the role of the professional nurse as one of leader, advocate and teacher.
7. Appreciate the need for specialized knowledge and academic preparation as integral components of professional practice.

### Learning/Teaching Strategies:

Lecture with PowerPoint and discussion	Group presentation
Case studies	"my nursing lab"
Small group work	"the Point"
Internet exploration	Clinical experiences
Women's Health Issues paper	Clinical simulation & skills lab

### Classroom Protocols

1. Appropriate classroom behavior is implicit in the Cedar Crest College Honor Code. Such behavior is defined and guided by complete protection for the rights of students and faculty to a courteous and respectful classroom environment. That environment is free from distractions such as late arrivals, early departures, inappropriate conversations and any other behaviors that might disrupt instruction and/or compromise student's access to their Cedar Crest College education.
2. Students are expected to treat faculty and fellow students with respect. For example, students must not distract class by making noise or engaging in distracting behaviors. Students must be attentive to comments being made by the instructor and by peers. Failure to demonstrate appropriate classroom behavior may result in expulsion from class for the remainder of that days class. Should the behavior persist, the faculty member reserves the right to pursue further action in consultation with the Chair of the nursing program and with the Provost. This potential action may include expulsion from the class.

### Appropriate Language:

1. Cedar Crest College expects its educators and students in the classroom to use language that is not abusive. If a student uses language deemed by the educator to be insulting, obscene or vulgar, that student will be asked to desist in using offensive language in the classroom. And if the student continues to use offensive language in the classroom after being warned, s/he may be asked to leave the classroom.

### Participation Guidelines:

1. You are expected to come to class prepared, which means reading the assigned material before class begins. By being prepared, you will get more from the lecture, and will be able to participate in the discussion. Please refer to the pacing schedule for the topics we will cover in class, and the times for when assignments and exams will be.

2. In addition, you are expected to purchase a clicker so that you are able to participate in answering questions during the lecture. This will help you with test taking strategies and give the nurse educators a better understanding of what you know, and what you may need further instruction/clarification with.
3. It is recommended that you take notes during class since note taking is one way to learn new material and will reinforce what you have read. We will have outlines of our PowerPoint lectures available prior to class with sections for you to fill in during the lecture. These outlines can be found in the doc sharing, and in the online drop box entitled, "PowerPoint outlines".

#### Professional Behaviors:

1. Maintenance of confidentiality is an expected professional behavior. You may see patients that you know personally. You are not to use any identifying names, addresses, etc in your clinical notes and/or written assignments. Do not discuss patients outside of the professional nursing context.
2. As you continue your development as a nursing professional, you are expected to attend ALL class/clinical sessions and to be punctual. Unexcused absences or lateness will jeopardize your ability to pass the course.
3. Tape recording is allowed in this class as long as each time a student wants to tape record, the student receives permission from the instructor, and the class. The lecture material and content of the tape recording is for individual use only, and is not to be shared on the internet, electronically or in any format with others.
4. Each student is expected to check their school email daily. Email is also the preferred way to contact the instructors, unless it is on a clinical day, and you need to contact your clinical instructor. Please refer to your clinical skills packet for your instructor's cell phone #.
5. Any student who needs to make up a clinical day due to student absence outside of the scheduled clinical rotation will be charged. Students are required to notify the instructor of any absence from, or lateness to class or clinical by email or phone before the scheduled session, and to provide a written explanation of absence or lateness when returning to class or clinical. Should your absence warrant you needing to see a clinician, you must be cleared by the nursing office before returning to clinical.

#### Assignments:

1. You are expected to meet the deadlines as published in the pacing schedule for all assignments. Assignments are to be submitted in class to the instructor, and when indicated, into the online drop box on the published date. Ten (10) points will be subtracted from the grade for the assignment for every day the work is late, including

weekends. Students are required to keep a hard copy and an electronic copy of all written work submitted.

2. During exams, all your personal items, ie cell phone, water bottles, food, calculators, baseball caps, pens/pencils, etc will be placed at the front or sides of the room. No one will be able to leave the room during the exam, unless they have a note signed by their clinician, warranting a medical condition.
3. Students with documented disabilities who may need academic accommodations, should discuss these needs with the instructors of this course during the first two weeks of class. Students with disabilities who wish to request accommodations should contact Academic Services
4. The clinical skills packet needs to be completed (not including the newborn assessment, teaching plan or case presentation) and given to your clinical instructor on the second day of clinical. The clinical skills packet is to be hand written, and will be given a numerical grade. For each day it is late, including weekends, 10 points will be deducted from the total grade.
5. Clinical Reviews, along with a Verification form, will be completed for all community clinical experiences for this course. Each Clinical Review will be handwritten, and is to be given to your clinical instructor at their discretion, but prior to the last day of clinical on the unit. Clinical Reviews will be given a numerical grade.

#### Medication Exam:

1. Successful performance on a medication exam is required in this course. A passing grade is 85. Students may retake the exam twice, meaning one can take the exam up to 3 times. Inability to pass the exam by the third attempt results in withdrawal from the course.

#### Cedar Crest Honor Code:

1. The Cedar Crest College Honor Code will be adhered to in this course. Violations during either theoretical or clinical components of the course will result in failure of the course. Plagiarism, or any form of academic dishonesty, may result in a failing grade for the assignment or the entire course, at the discretion of the faculty member and in consultation with the Chair of the nursing department. Academic honesty is expected in all assignments in this course. For further clarification, please refer to the Student Handbook.
2. Plagiarism: Either plagiarism or careless scholarship, or both, may result in additional points being taken off the grade of your paper, so that the grade may be lowered down to, and including a 0. This includes, but is not limited to, omitting quotation marks for quoted sentences or phrases, even if the rest of the documentation is present. Penalties

for academic dishonesty may be even more severe. See “Academic Dishonesty or Plagiarism” in the Student Handbook.

Travel Policy:

1. Individual responsibility for transportation may be necessary to complete the course requirements. Transportation to, from and within clinical agencies, is the responsibility of the student.
2. Clinical: Please refer to the clinical skills packet found in doc sharing for further information and clarification. Should you not understand something, it is up to the student to communicate this to the clinical instructor. Each student is to meet with their clinical instructor for a final evaluation. Failure to do this will result in a 0 for the clinical, and a failure for the course.

Grading Policies:

Quizzes (5)	25%
Clinical Skills Packet	10%
Group Presentation	5%
Women’s Health Issues Paper	10%
ATI Exam	5%
Midterm	15%
Final	25%
Clinical Reviews	5%

Extra Credit:

1. Students who successfully complete (attain 95% on both the terminology and post test) the designated chapters found on the pacing schedule before 12:30PM on 3/18/2010, will receive 10 points being added to their midterm grade. There will be no partial credit.
2. Students who successfully complete (attain 95% on both the terminology and post test) all 38 of the “Mynursinglab” chapters by May 1, 2010, will have one point added to their final course grade. There will be no partial credit.

ATI:

Refer to the ATI policy in doc sharing. Each student must receive a Level 2 on the first proctored exam, or a 95% on a second non proctored exam, to be eligible to sit for the final exam. Should a second, non proctored exam be taken, proof of receiving a 95% must be presented to the professor prior to admission for the final. Failure to do this before the final exam will result in a zero on the final exam.

Clinical: 84 hours

Mom baby unit in hospital	72 hours
Community clinical experiences	
Clinical Orientation	4 hours
Skills lab/simulations	8 hours

Your clinical grade is P/F. For this course, you are required to complete 84 clinical hours. Your clinical skills packet counts as your prep time.

A minimum grade of C (73% or 2.0), is required for passing a nursing course. Failure in either the clinical component or the theory component, will require the student to repeat the entire course. In this event, the student can receive no higher than a C- for NUR 320.

Exams must be taken when scheduled. Any student who is not present for the scheduled exam, and does not contact the instructor, will receive a grade of zero for that exam.

The time of the final exam will be announced and published. Your obligations for this course include attendance at the final exam, on the day and time scheduled by the Registrar. You should not make travel arrangements until the final exam schedule is published; if you must make plans early, you should schedule your travel after the last final exam day.

To pass the course includes a clinical evaluation with a faculty member. To not meet with the faculty member to review your clinical evaluation, will result in receiving an "F" in the course.

Only final course grades are rounded up.

93-100	A	77-79	C+
90-92	A-	73-76	C
87-89	B+	70-72	C-

83-86	B	60-69	D
80-82	B-	Below 60	F

Required textbooks:

Olds' Maternal-Newborn Nursing and Women's Health Across the Lifespan. (8<sup>th</sup> Edition).  
Davidson-London-Ladewig.

Your textbook needs to be purchased with the access code to "my nursing lab". ***Do not throw away the cardboard insert that comes with your textbook.***

Should you buy a used textbook, a separate and new access code for "my nursing lab" costs about \$75 or more.